



## Speak Up Against Silence (Intra-School Oratory Competition)

**Project Number:** 2

**Date:** 1st September, 2026

**Location:** SOS Hermann Gmeiner School

**Specified committee:** Community

**Sponsoring Organization:** Rotary club of Chitwan

### Guests:

1. Khil Bahadur Thapa  
Principal (SOS Hermann Gmeiner School, Bharatpur)
2. Bishnu Ghimire  
ECA Coordinator (SOS Hermann Gmeiner School, Bharatpur)

**Area of Focus:** Basic Education and Literacy

### About 'Intra-School Oratory Speech Competition – Breaking the Silence'

#### Introduction:

The Interact Club of SOS Hermann Gmeiner School organized an Intra-School Oratory Speech Competition on the theme "Breaking the Silence, Ending Sexual Harassment through Awareness." The event was held to encourage students to speak openly about a sensitive yet important social issue. Looking at the rising number of rape and harassment cases in Nepal, the club decided to start awareness at the school level so that students can find the courage to raise their voice and become part of the solution. This was a service-oriented awareness program aimed at building confidence among students and promoting a culture of speaking up against silence.

#### Project Summary:

The competition was conducted inside the school premises and was open to students of SOS Hermann Gmeiner School. Participants delivered speeches on the topic of breaking the silence around sexual harassment and the need for collective awareness. The main objective was to give students a safe platform to express their

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thoughts, share experiences, and inspire their peers. The event helped students develop public-speaking skills while spreading an important social message. The Principal and ECA Coordinator were present as guests. Feedback from participants and the audience was positive, and the club plans to expand this initiative into inter-school competitions in the future so that the message can reach a larger number of young people.



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### Feedbacks of Attendees:

1. “The competition gave me the courage to speak about something I usually stay silent about.” – Participant
2. “It was a meaningful event that made us think about our role in stopping harassment.” – Audience member

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