



**Learn
to
Lead**

Tooth-talk

Project Number: 07

Event Date: 29 August 2026

Venue: Maurya Hotel, Bhairahwa

In Collaboration With:

Rotary Club of Central Lumbini, Rotaract Club of Central Lumbini,

Rotaract Club of Central Siyari & Rotaract Club of Central Rohini

Specified Committee: Club & Community Service

Sponsoring Organization: Rotary Club of Central Lumbini

Guest Speaker:

Dr. Bikash Baniya – Professor, UCMS, Bhairahwa

Area of Focus: Disease Prevention and Treatment

About 'Tooth-Talk'

Introduction:

'Tooth-Talk' was an informative and interactive session organized by the Interact Club of Central Lumbini in collaboration with its sponsoring and co-sponsoring organizations and brother Rotaract Clubs. The event was organized with the objective of increasing awareness about oral health and dental care while providing young people with an opportunity to interact with an experienced medical professional.

Project Summary:

The event was successfully conducted on 29 August 2026 at Maurya Hotel, Bhairahwa, with the active participation of members from the Rotary Club of Central Lumbini, Rotaract Club of Central Lumbini, Rotaract Club of Central Siyari, and Rotaract Club of Central Rohini. The gathering created a friendly and engaging environment where participants could share their curiosity, ask questions, and gain practical knowledge related to dental and oral health.

The session was facilitated by Dr. Bikash Baniya, Professor at UCMS, Bhairahwa, who shared his expertise and valuable knowledge with the participants. He provided an informative session focusing on the importance of maintaining good oral hygiene, developing healthy dental habits, and understanding the significance of timely dental care. His practical explanations helped participants better understand common dental concerns and the importance of prevention.

One of the major highlights of 'Tooth-Talk' was its interactive nature. Participants were encouraged to openly express their curiosity and ask questions regarding various aspects of oral health. Dr. Baniya addressed the questions in a clear and understandable manner, making the session both educational and engaging.

The event also served as a platform for strengthening fellowship, collaboration, and professional interaction among Rotary, Rotaract, and Interact members. The joint participation of the sponsoring club, co-sponsoring club, and brother clubs reflected the spirit of teamwork and unity within the Rotary family.

Itr. Aryan Bhandari

PresidentRY(2026/27)

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Feedback:

Rtr. Dhuba dumre said that, “Tooth-Talk was a highly informative and interactive session. We were able to openly share our curiosity and receive valuable answers from an experienced professional.”

Itr. Aryan Bhandari
President RY (2026/27)

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