

पितृत्व

Project No: 1

Date: 23 July 2026

Location: Google Meet

Specified Committee: Community Service

Collaborated with: Interact Club of New Road City Kathmandu, Interact Club of Kathmandu, Interact Club of Gyaneshwor Swati Sadan, Interact Club of Chelsea International Academy, Interact Club of Matribhumi Baluwatar, Interact Club of Annapurna H.S. School, Interact Club of Albert School, Interact Club of Shree Chunadevi Secondary School, & Leo Club of Kathmandu Dharahara Height



Area of Focus: Maternal and Child Health

Co-Hosted: All partnering clubs served as co-hosts, including the Interact Club of Xavier International College

About 'पितृत्व'

Introduction:

पितृत्व translates to fatherhood – the responsibilities, care, and mentorship a father contributes toward raising his child. It highlights the emotional presence, protective role, and hands-on participation fathers bring in building a supportive household that nurtures a child's psychological and emotional development. This program was put together to emphasize how essential it is for fathers, along with other family members, to remain actively involved in supporting the health and well-being of both mothers and children.

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Summary:

The 'पितृत्व' program was conducted as a straightforward, engaging discussion via Google Meet. Members from the Interact Club of Xavier International College joined the session, which included presentations covering how fathers shape a child's daily life and growth, the significance of paternal involvement throughout pregnancy and infant care, and an open dialogue on fostering warm, respectful, companion-like relationships between fathers and children. Attendees exchanged diverse viewpoints on fatherhood and family connection, and the event underscored that a father's responsibilities go far beyond financial provision he also serves as a source of affection, direction, and emotional support within the family unit.

The conversation emphasized that maternal and child health should be viewed as a collective family duty, not solely the mother's burden. Participants left with a stronger grasp of how engagement from every family member particularly fathers can contribute to improved health outcomes, deeper family bonds, and a more supportive environment for children's upbringing.



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