



Maternal Health and Child Care

Project No.: 3

Date: 26th July, 2026

Time: 8:30 PM

Venue: Google Meet

Organized by: Interact Club of Valmiki

In Association with:

1. Rotaract Club of Matribhumi Baluwatar IOM
2. Interact club of Narayani Public School
3. Interact Club of Sunrise
4. Interact club of SOS Hermann Gmeiner School Bharatpur
5. Interact Club of Little flower
6. Interact club of Narayangarh
7. Interact club of New Capital College
8. Interact club of Sky rider

Avenue: Professional Service

Introduction:

On 26th July 2026, the Interact Club of Valmiki, in association with the Rotaract Club of Matribhumi Baluwatar IOM and various Interact Clubs, successfully organized an online awareness program on Maternal Health and Child Care through Google Meet. The program aimed to educate participants about the importance of maternal health, proper prenatal and postnatal care, child nutrition, immunization, and the shared responsibility of ensuring the well-being of mothers and children. The virtual session witnessed enthusiastic participation from members of different Interact Clubs, making it an informative and meaningful learning experience.

About "Maternal Health and Child Care"

Summary:

The program officially commenced with a warm welcome and opening remarks by the organizing team of the Interact Club of Valmiki, who welcomed the guest speaker, representatives from the collaborating clubs, and all participants. The awareness session focused on the significance of maternal health, the importance of regular health check-ups during pregnancy, balanced nutrition, safe motherhood practices, newborn care, breastfeeding, immunization, and healthy child development. The speaker also highlighted the role of families and communities in supporting mothers and ensuring proper child care. The session was interactive, with participants actively engaging in discussions and asking questions related to maternal and child health. The program concluded with a vote of thanks, expressing gratitude to all collaborating clubs and participants for making the event successful.

Feedback:

The program received positive feedback from participants representing the collaborating Interact Clubs. Attendees appreciated the informative and practical nature of the session, stating that it increased their awareness of maternal health and child care. Participants found the interactive discussion helpful in clarifying their doubts and gaining a better understanding of the importance of maternal and child well-being. The collaborative effort among different clubs was also highly appreciated, encouraging more such educational initiatives in the future.

Conclusion:

The Maternal Health and Child Care Awareness Program was successfully conducted and effectively achieved its objective of spreading awareness about the importance of maternal and child health. Through the active participation of members from various Interact Clubs and the valuable information shared during the session, participants gained practical knowledge on safe motherhood and proper child care practices. The program concluded on a positive note, inspiring everyone to promote healthy practices and contribute towards building healthier families and communities.

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