



Maternal Health & Child Care Awareness Session

Project Number:	ICNJ-2026-002
Date:	July 31, 2026
Location:	Google Meet (Virtual Session)
Collaborated with:	Interact Club of Shanti Interact Club of Nawa Jyoti Interact Club of Oxford Interact Club of Central Butwal Interact Club of Scholars Home Interact Club of Horizon GBS Interact Club of New Environment Interact Club of Lumbini Shree
Specific committee:	Community Service / Health Awareness Committee
Sponsoring Org:	N/A

Resource Person / Mentor:

1.Mrs. Nabina Poudel	Mentor	Interact District 3292
----------------------	--------	------------------------

Area of Focus: Saving Mothers and Children

About 'Maternal Health & Child Care Awareness Session'

Introduction:

The Maternal Health & Child Care Awareness Session was held on 31 July 2026 via Google Meet. The session was conducted by Mrs. Nabina Poudel, Mentor, to raise awareness about maternal health, child care, and healthy family practices. It aimed to educate participants on the importance of proper nutrition, prenatal and postnatal care, child development, and community responsibility.

Project Summary:

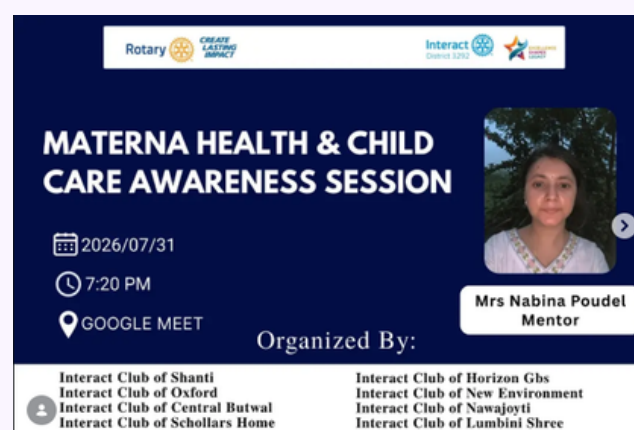
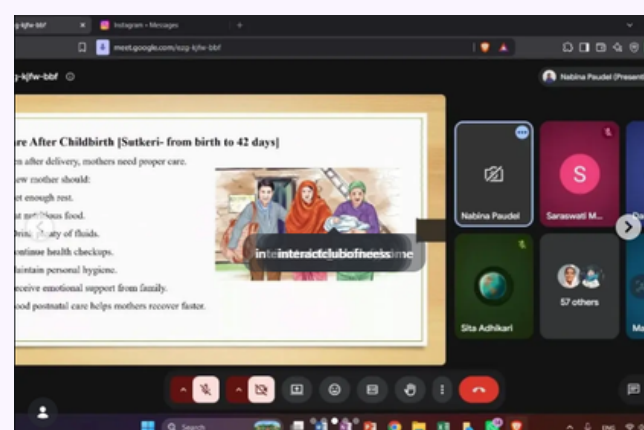
The session began with a brief introduction and welcome. Mrs. Nabina Poudel shared valuable insights on maternal health, child nutrition, immunization, and essential child care practices. Participants actively engaged in the discussion and asked questions during the interactive Q&A session. The program successfully increased awareness and encouraged participants to promote healthy practices within their communities.

Itr.Sonakshi Ranpal
President(RY 26/27)

Interact Club of Nawa Jyoti
Tillotama-8 , Rupandehi

Email:

interactnawajyotischool@gmail.com



Feedbacks of Attendees:

"The practical demonstrations made learning easy and engaging."
— Participant